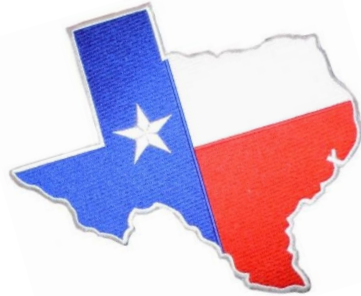




Golden Rule Review

To treat other people as we would like to be treated.

September, 2017



Texas—Strong

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“Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin”.

-Mother Teresa

On August 25, 2017, Harvey made landfall as a Category 4 Hurricane. In some areas, he dumped a record setting 50+ inches of rain. To put that in perspective, 49.76 inches is the average YEARLY rainfall at Houston’s Bush Intercontinental Airport. Many homes that have never flooded before were no match for the amount of rainfall Harvey produced.

“Weeping may endure for a night, but joy comes in the morning”. (Psalm 30:5)

Harvey brought loss and destruction across our area but as the rain subsided and the sun peeked out, a strength of character was revealed. Neighbor helped neighbor; strangers became friends; and people from all walks of life embraced each other and then rolled up their sleeves to begin the clean-up in preparation for rebuilding.

Resources:

211 Texas—www.211texas.org; or dial 211 or 877-541-7905.

FEMA—www.disasterassistance.gov; 800-621-3362. You have 60 days from the date of a Declaration for Individual Assistance to apply for assistance.

Portlight Strategies Hotline for people with disabilities—800-626-4959.

Disaster Distress Helpline—800-985-5990. Call if you are experiencing emotional distress and need to talk to a crisis counselor.

Crisis Clean-Up—800-451-1954. Call anytime before September 15, 2017.

You may find it helpful to go to your city’s webpage. If you need to know how to locate the web address—go to www.usa.gov and select Texas and then search for contact information by city or county.

Many local churches are assisting in their communities.

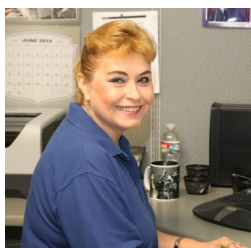
If you need assistance locating resources, please let us know and we can work with you to try and find what you need. Contact Nola Graham at 281-997-2295, ext 313.

Golden Rule Review



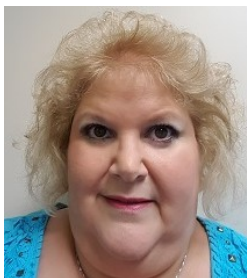
"Excellence is doing ordinary things extraordinarily well"

-John W. Gardner



Debbie G. has been with GRSI since May 7, 2013. She takes care of Payroll and Accounts Payable/Receivable. She jokes that her favorite thing about working at GRSI is, "They let me have Elvis in the building". Her office is decorated in all things Elvis.

"No one is more cherished in this world than someone who lightens the burden of another."
-Joseph Addison



Annette R. has been with GRSI since May 18, 2015. She submits claims for payment for dental services; adaptive aids; and minor home modifications. Her favorite things about working at GRSI are "the work that I do and the people that I work with".



Pam P. has been with GRSI since March 19, 2015. She is the one you will most likely meet first when you walk into the Pearland office. Pam is the receptionist and also completes billing for both HCS and TxHmL. One of her favorite things about working with GRSI, is that "it feels like we are a family here".



We would like to wish Emily a very successful Senior year at High School. Emily started working in the Pearland office during the Summer. Her hard work and sweet personality are truly an asset to the Golden Rule team and everyone appreciates her always present smile. After finishing high school, Emily plans to study Veterinary Medicine.



Celebrating 18 Years

Pam Hasley, has been a part of the Golden Rule team for 18 years. She was born in Palacios, Texas and raised in Clute. She is a graduate of Brazoswood High School. Before coming to Golden Rule, Pam worked at Country Village Nursing Home and Rose Dale Assisted Living Home. We are blessed by the years she has been with us.

"Act as if what you do makes a difference. It does". -William James



"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them".

-John F. Kennedy



Tips for Healthy Living

Healthy living involves more than physical health. It also includes emotional or mental health.

Consider the following ways that you can support your mental health and well being.

At least several times per week, take a walk and reflect on what you see and hear.



Try something new and often (eat a new food, try a different route to work, go to a new museum display).

Let yourself be pleased with your achievements, both big and small (develop contentment).

www.medicinenet.com

"Find something you love to do and you'll never have to work a day in your life".

-Author Unknown



Upcoming Events

Autism Speaks

Houston Walk

September 30, 2017

@ Lynn Eusan Park

Register at www.autismspeaks.org

A Little Fall Humor



Why are trees very forgiving?

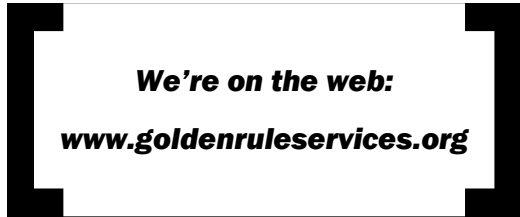
"Because in the Fall they "Let it Go" and in the Spring they "turn over a new leaf."





Golden Rule Services, Inc.

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Phone: 281-997-2295
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Golden Rule Services, Inc. was founded in 1995 by Daniel and Barbara Armond.

Our philosophy is "to treat people as we would like to be treated".

Our mission is to provide opportunities to individuals with intellectual and/or developmental disabilities for growth and independence in their community.

Individuals are treated with care and compassion - not pity. They are seen as people who want no less dignity, respect, or quality of life than we ourselves desire and, in most cases, are able to have with very little effort. Our task is one of discovery: discover what a person values and what things are hassles to them; their discovery will be the availability of desired choices. We strive to listen to each individual and let them create their own place based on specific dreams, desires, and needs.

GRSI Staff:

Danny Armond, CEO/Founder & Barbara Armond, COO/Founder

Case Managers:

Ashley G., HCS
Rebecca M., HCS
Elizabeth S., HCS
Jennifer M., TxHmL
Jim I., HCS
Debbie S., HCS
Wendy W., HCS

Nursing:

Jennifer S., RN , Director of Nursing
Terri K., LVN, Health Services Manager
Ellen M., LVN
Pamela M., LVN

Contract Staff:

Mary J., RN
Saran P., RN

Completing the Team:

Cynthia C., HR
Nola G., Quality Assurance Manager
Debbie G., Payroll, Accounts Payable/Receivable
Chamika H., Manager Supervised Living Services
Cliff L., Facilities/Vehicles Maintenance
Jerry M., Information Technology
Pam P., Receptionist/Waiver Billing
Annette R., Dental, AA & MHM Claims
Cynthia T., Host Home Coordinator

