



Golden Rule Review

"To treat other people as we would like to be treated".

July, 2017

Happy July 4th



"You have to love a nation that celebrates its independence every July 4th, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness"....

-Erma Bombeck

The 4th of July became a federal holiday in 1870.

Did you know?

July 4, 1776 marked the Colonies adoption of the Declaration of Independence.

56 men signed the Declaration of Independence.

The lead author was Thomas Jefferson, age 33.

The Stars on the original Flag were in a circle so that all of the colonies would appear equal.

Every 4th of July, the Liberty Bell in Philadelphia, PA is tapped (not actually rung) 13 times in honor of the original 13 colonies.

-www.academicexchange.wordpress.com



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Upcoming Events: Mark your Calendars



Tupperware Fundraiser to raise money to purchase computers for the Day Hab

July 10th - 11:00am—1:00pm.

Tupperware party at 3801 Liberty Drive, Pearland (in the Conference Room)

Refreshments provided. Do not have to be present to order.

Orders will be taken through July 21st. There will also be an order link on GRSI's Facebook page.

Watch for information to come home from the Day Hab.



Community

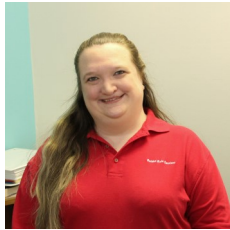
Advisory Meeting

August 18, 2017 @ 1:00pm

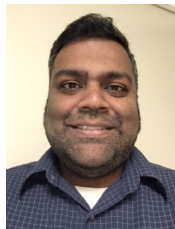
Conference Room
at 3801 Liberty
Drive, Pearland



Meet the HCS Case Managers:



Ashley Gutierrez joined Golden Rule in March of 2013. She has a Bachelor's of Science in Psychology with a Minor in History. She also has a Special Education Teaching Certification. Ashley shares, "I love working with our clients and our families as a team! Every day I work with our clients and their families, I'm in awe of their strength, compassion and abilities".

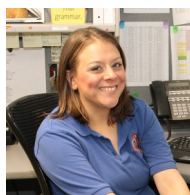


Jim Idicula has been an HCS Case Manager at GRSI since 2012. He has a Bachelor's of Science in Psychology and Sociology with a Minor in Business. He has worked in the field of IDD services for nearly 13 years. Jim shares, "I have truly been blessed working with my clients and families."

Rebecca Murphy joined the GRSI team June 5, 2017 as an HCS Case Manager. She has a Bachelor's in Human Services/Management and a Master of Arts in Marriage and Family Therapy and also in Human Services specializing in Marriage and Family Counseling. Becky is originally from Pennsylvania where she began her career in Human Services about 10 years ago. Becky shares, "I enjoy being able to help people in general, from meeting physical needs to providing support and meeting needs mentally and emotionally, to help them have the best quality of life they can have".



Debbie Smothermon has worked as an HCS Case Manager at Golden Rule since January 2015. She has a Master of Arts in Marriage and Family Counseling. She has worked in Case Management since 1997. Debbie shares, "I enjoy working in this field because I enjoy giving back to others".



Elizabeth Strickler has been with GRSI since November 3, 2008. She has a Bachelor's in Behavioral Science with a focus in Public Service Leadership. Elizabeth shares, "for the past 8 ½ years, I have learned so much from my clients. They have taught me patience, strength, perseverance, and kindness. They brighten my day and I am blessed to have the opportunity to work with all of them".

Meet the HCS Case Managers: Cont.



Wendy Wall has been an HCS Case Manager at GRSI since 2015. Wendy has 12 years of experience in the field of IDD Services. She shares, "I love doing what I do. I love working with people".




Jennifer Moody has been a TxHmL Case Manager at GRSI since April of 2017. Jennifer has a Bachelor's in Criminal Justice with a Minor in Psychology. She has a Master's in Mid-Management Education. Jennifer also has her Teaching Certification in the areas of Special Education and Elementary Education. Jennifer shares, "I enjoy this field of work because I simply value 'life' and 'living'. I find it to be more of a passion....than just a job".

Resource Corner:

2·1·1 Texas
Connecting People and Services

2·1·1 Texas is a program of the Texas Health and Human Services Commission committed to helping Texas citizens connect with services they need.

You can reach 211 by:
Dialing 211 from your phone
Calling 1-877-541-7905
Visiting www.211texas.org





**What did one flag say to the other?
Nothing. It just waved.**



Healthy Living Tips:

At the Holidays:

Indulge Wisely: "Research shows that the first few bites of a food are the most satisfying", says Elizabeth M. Ward, R.D. "Savor a reasonable yet rewarding amount of the holiday foods..."

-www.shape.com

Eat Slowly: It takes at least 20 minutes for your brain to realize you are full.

Get Moving: Take a walk with friends and family after a Holiday meal.

-www.cdc.gov



Golden Rule Services, INC

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**We're on the
web:
www.goldenruleservices.org**

"To treat others as we would like to be treated".

Golden Rule Services, Inc. was founded in 1995 by Daniel and Barbara Armond.

Our philosophy is "to treat people as we would like to be treated".

Our mission is to provide opportunities to individuals with intellectual and/or developmental disabilities for growth and independence in their community.

Individuals are treated with care and compassion - not pity. They are seen as people who want no less dignity, respect, or quality of life than we ourselves desire and, in most cases, are able to have with very little effort. Our task is one of discovery: discover what a person values and what things are hassles to them; their discovery will be the availability of desired choices. We strive to listen to each individual and let them create their own place based on specific dreams, desires, and needs.

GRSI Staff:

Danny Armond,
CEO/Founder
Barbara Armond,
COO/Founder

Nursing:

Jennifer S.,
Director of Nursing
Terri K., LVN
Ellen M., LVN
Pamela M., LVN
Contract Staff:
Mary J., RN
Saran P., RN

Case Managers:

Ashley G., HCS
Jim I., HCS
Rebecca M., HCS
Debbie S., HCS
Elizabeth S., HCS
Wendy W., HCS
Jennifer M., TxHmL



Completing the Team:

Annette R., CFC/AA Claims
Cynthia C., HR
Jerry M., Information Technology
Nola G., Quality Assurance Mgr.
Debbie G., Payroll, Accounts Payable/
Receivable
Pam P., Receptionist/Waiver Billing
CLiff L., Facilities/Vehicles Maint.
Cynthia T., Host Home Coordinator